

CONSTANCE BELLE MARE PLAGE



With 235 rooms, 21 Villas, 6 restaurants, 2 beauty and wellness venues and 2 18-hole Golf courses, the Constance Belle Mare Plage gathers 2 different concepts.

Constance Belle Mare Plage the resort, internationally renowned for being one of the most complete Resorts of Mauritius, and Belle Mare Plage Villas, a concept where peacefulness and privacy are combined with the resort's outstanding services and facilities. The villas are located on one end of the resort have a separate entrance. The resort's tropical garden stretches on almost 15 hectares located directly on a 2 km stretch of white coral beach in Belle Mare on the east coast of Mauritius.

BARS & RESTAURANTS

7 Restaurants to satisfy the most refined palates of the planet

La Citronnelle

The main restaurant serves breakfast, lunch and dinner within the resort's main building. The half-board package includes full breakfast and dinner in buffet style. The restaurant area is split into a main area, a more cosy corner for intimate dining and a kids corner with a separate buffet.

Capacity: 350 seats.

La Spiaggia

Located at one end of the resort, next to the villas, a wooden deck stretching on the beach for a relaxed atmosphere. Serving snacks and light meals by day, "à la Carte" Mediterranean menus at night.

Capacity: 60 seats.

Blue Penny Café

The hotel's exclusive "à la Carte" restaurant offering gastronomic cuisine inspired by grand culinary traditions in perfect harmony with the flavours of the Indian Ocean. An exclusive wine and cigars list. A unique experience!

Capacity: 45 seats.

Indigo

Situated by the pool and in front of the sea, this restaurant proposes pizzas and sandwiches and a seafood menu in a creole style at lunch and dinner time. One weekly theme dinner.

Capacity: 80 seats.

La Kase

Salad Bar, Grill and Sushi corner for the amateurs of light healthy yet tasty food. Located near the prestige rooms, La Kase also serves waffles and pancakes at teatime.

Deer Hunter

Located at the Legend golfcourse clubhouse, enjoying a superb view on the 9th, 15th & 18th holes' greens and fairways, overlooking the "Java Deer" natural scenery. For lunch: generous and flavourful dishes; for dinner: Traditional and modern mauritian cuisine. Half-board menu available.

Capacity: 80 seats.

Le Swing

Situated on the Links Golf Course, Le Swing serves a selection of sandwiches, pizzas and salads at lunchtime.

Room Service

24 Hour room service; late night light meals available

ACCOMMODATION

Prestige Rooms

92 **Prestige rooms** of 45 m² All sea-facing with terrace or balcony.
Inter-leading Prestige rooms are available.

Prestige Rooms are equipped with:

- Air conditioning,
- Bathroom with separate shower, bath, wc, double vanities, hair-dryer,
- TV with Satellite and music channels,
- Telephone,
- Free high speed ADSL internet connection,
- Minibar,
- Individual safe,
- Tea and coffee facilities
- Room service 24/24 hrs.

Accommodation capacity: Up to 3 persons. Third adult, teenager or kid on an extra bed.
Complimentary cot for babies of up to 2 yrs of age.

Junior Suites & Deluxe Suites

137 **Junior Suites** of 68 m² with a large terrace or balcony including a sofa-bed and dining area. Inter-leading Junior Suites are available.

Juniors suites are split into 2 categories:

41 on Beachfront

96 Seaview

6 **Deluxe Suites** 96 m² with a large terrace or balcony including a sofa-bed and dining area.
Inter-leading Prestige rooms and Deluxe Suites are available.

Junior Suites & Deluxe Suites are equipped with:

- Air conditioning,
- Bathroom with separate shower, bath, wc, double vanities, walk-in wardrobe and hair-dryer,
- TV with Satellite and music channels,
- Telephone,
- Free high speed ADSL internet connection,
- Minibar,
- Individual safe,
- Room service 24/24 hrs,
- Tea and coffee facilities.

Accommodation capacity: Up to 3 persons. Third adult, teenager or kid on an extra bed.
Complimentary cot for babies of up to 2 yrs of age.

SERVICES

24 hour Room Service in all room-types,
Villa master Service

Kids Club & Teens Club - The Kids Club, where a well-trained staff not only looks after but entertains children aged between 4 and 12, in a games room or outdoor playground. Open from 9 a.m. to 10 p.m. A separate buffet is set every evening for dinner and kids are seated in a separate dining area under supervision.

Baby-sitting (chargeable) services can also be arranged.
A special children dinner is served from 6.00 p.m. to 7 p.m.

Teen's activities are also offered.

Further facilities:

- Infirmary, Laundry facilities, Business centre,
- Doctor on call, Limousine transfer.
- Helicopter transfer available on request - private heliport.

SPORTS & RECREATION

The hotel provides a wide range of nautical and inland sports and recreational activities:

Free of Charge Land Sports & activities:

- 4 floodlit tennis courts (synthetic grass) - Table tennis - 18 holes minigolf greens - French bowling - Beach volley ball - Jacuzzis.

At the Fitness Centre - Bodybuilding equipment - Squash (airconditioned) - Sauna - Cold plunge pool - Aerobics - Aqua gym - Yoga - Hammam,

- Two 18-hole Championship Golf Courses:

- The Legend Course: par 72 / 6014 m - green fees free of charge for hotel guests.
- The Links Course: par 71 / 5942m - green fees are free of charge, club cars are compulsory

Chargeable Land Sports & activities:

- Two wellness pavillons are at the guests' disposal:
"Le Spa de Constance" and the
Shiseido® Pavilion.
Golf lessons.

Free of Charge Water Sports:

- Windsurfing - Kayak - Glass-bottom boat trips - Sailing - Snorkelling trips including equipment - Pedalo - Water-skiing.

Chargeable Water Sports:

- Scuba Diving - Deep sea fishing - Excursions in the lagoon - Undersea walk - golf lessons.

SPA

Wellness at the Constance Belle Mare Plage Resort is declined into two concepts:
The "*Spa de Constance*" and the *Shiseido Pavilion*.

The "Spa de Constance"

The Concept

The "Spa de Constance" is the latest group's pride, distinguishing itself by its in house "Spa Academy," by its elaboration of a "Spa Cuisine," and by developing its own fragrances at the "Constance Creations."

The Method

The "Spa de Constance" proposes customised trainings and coaching programmes, often recommending aromatherapy and promoting products developed from resources found in the Indian Ocean.

The "Spa de Constance" is a unique self-branded concept combining:

- Body treatments,
- Massages,
- Fitness programmes
- Spa Cuisine

The Station

Located within the resort's premises, the station counts 3 outdoor treatment corners (2 single and one double) a hammam, sauna and Jacuzzi; plus a fully-equipped fitness room.

The Treatments

Massages

Relaxing Massage, (45 min)

Golfer's Tonic, (45 min)

Lymphatic Drainage (45 min)

Ayurvedic Massage, (45 min)

Shiatsu, (45 min)

Reflexology, (45 min)

Back Massage, (45 min)

Body treatments

Based on the healing traditions of Mauritius and using local products, treatments have been carefully designed to provide you with the pampering care and attention your body and skin require.

Kreol Body Scrub (30 min)

Imperial Body Glow (30 min)

Invigorating Salt Wrap (45 min)

Green Tea Relaxing Wrap (45 min)

Packages

Serenity (1 h30) - Imperial Body Glow and Relaxing Massage

Energy (1 h30) - Invigorating Salt Wrap and Golfer's Tonic

Perfect Harmony (1 h45) (for a couple) - Imperial Body Glow, Relaxing Massage and Green Tea Relaxing Wrap.

At the Shiseido® Pavilion

The Concept

True beauty stems from the harmony between the body and mind. The Oriental concept of harmony and well-being focuses on the energy circulating in the body, known as Qi. The Qi method soothes the mind, frees the body of tension and revitalises the skin.

The Method

Inspired by its cultural heritage, SHISEIDO has created the Qi method, which combines Shiatsu pressure points with oshibori (warm, moist Japanese towels) and Western massage techniques. When used with the brand's products, Qi treatments help regulate the body's energy flow, inducing profound relaxation and a sense of total wellbeing, while enhancing the radiance of the skin.

The Result

The SHISEIDO Qi Pavilion was designed to add to the relaxing effects of the treatments by incorporating the five elements of Zen philosophy - stone, water, wood, earth and metal - to induce a feeling of serenity while stimulating the senses.

The Pavilion

The Pavilion has five massage rooms (one double-sized), each with its own private garden as well as a relaxation space and freshwater baths.

The Treatments :

Qi facial treatments for women

Deep cleansing care,
Intensive moisturising care,
Relaxing care,
Clarifying care,
Firming care,
Time balance,

Qi facial treatments for men

Cleansing & Clarifying treatment,
Relaxing treatment,
Soothing & moisturising

Qi Body treatments for women

Body polish
Relaxing care for body and mind
Energizing care for body &
Body tonic
Firming care
Quick tension
Treatment for feet and legs
Qi For face & body

Qi Body treatments for men

Deep-cleansing back treatment
Relaxing treatment for body &
Energising treatment for body & mind
Quick tension release
Qi Treatment for body & mind

Qi Unisex Packages

Beauty celebration (For women only.)

After the workout, the reward (For Men and Women)

Breathe deeply, relax (For Men and Women)

Skin care for men

AROUND THE HOTEL

Three international 18 hole golf courses are in the vicinity of the hotel:

- The Legend Course: par 72 / 6014 m - green fees free of charge for hotel guests.
- The Links Course: par 71 / 5942m - green fees are free of charge, club cars are compulsory
- The Ile-aux-Cerfs Golf course. Par 72 / 6,476 metres. Specially negotiated "Bookmauritius green fees".

The natural park of L'Etoile is the gem of eco-tourism in Mauritius. 6,000 hectares for hiking, mountain biking and quad biking.

A kitesurfing school and centre - Providing private lessons as well as private transfer in boat between the resort and the kitesurfing base further down the lagoon.

This region is for us the perfect representation of tropical destinations. In addition to the beach and lagoon, the coastal road towards the South offers magnificent sceneries.