

LE TELFAIR



Le Telfair Golf & Spa Resort is located on the South coast of Mauritius, one of the most authentic areas of the island, where sugar estates, fishing villages, wild beaches and nature reserves reign.

With its plantation architecture, Le Telfair Golf & Spa Resort is a tribute to the "original" Mauritius and to its history when the island was all about sugar-cane plantations.

Erected on 15 hectares, at the mouth of the "Citroniers" River, Le Telfair Golf & Spa Resort enjoys an unexpected riverside atmosphere coupled with the breathtaking turquoise lagoon of "Bel Ombre." And to make the setting really perfect, the site is adjacent to the nature reserve of Valriche extending over 1,500 hectares, as well as a 18 hole championship golf course and a 9 hole short course.

BARS & RESTAURANTS

With its several bars and restaurants plus the "Chateau de Bel Ombre" annexed, Le Telfair Golf & Spa Resort has all cards in hand to please its Gourmet clients in a wide variety of dining experiences.

Annabella's

The main restaurant, at the heart of the resort, serves breakfast and dinner from an interactive show kitchen. Enjoy the tastes of Telfair with a 5 course choice menu nightly.

Gin'ja

This modern lifestyle beach restaurant is open for lunch and dinner, with fresh fish and seafood prepared with an Asian influence. Guests wishing to dine with their "feet in the sand" can deduct an amount from their diner bill at the Gin'ja.

Le Palmier

Overlooking the pool and the ocean; open from the morning till sunset, enjoy Mediterranean style flavours from open wood fired oven or a range of refreshing beverages and exotic cocktails. Beach waiter service is also available.

Cavendish Bar & Lounge

Cigar and Library lounge area for the connoisseur gathering in comfortable armchairs and enjoying the sounds of the resident band, overlooking the river. Open from 11am till late.

Le Château de Bel Ombre

Built in the early 19th century and set amidst 100-year old gardens, this Manor house was the heart of the Bel Ombre Estate. A convivial lunch over a Mauritian meal, a classic afternoon tea or gastronomic French meal with island flavours, the restaurant is open from lunch through to dinner. Guests wishing to dine at the "Chateau" will receive a deduction for their half-board plan from their diner bill.

ACCOMMODATION

Le Telfair Golf & Spa Resort totals 158 rooms and suites spread across the garden in a discrete village design of 20 villas of 6 or 8 rooms.

- 54 Superior rooms of 62 m² with River view
- 58 Superior rooms of 62 m² with Sea view
(20 Superior rooms inter-lead with Junior or Ocean suites at patio level)
- 16 Junior suites with Sea View
- 20 Junior suites of 81 m²
- 8 Senior Suites of 101 m²
- 2 Ocean suites of 116 m² on sea front

All rooms offer the comfort of a sitting area or lounge as well as a balcony or terrace. All rooms have an adjacent bathroom with a soak bath, a walk-in shower, separate toilet, double vanity and dressing facilities.

They are all equipped with:

Individually-controlled air-conditioning,
Ceiling Fan,
Ceiling fan,
TV with satellite channels,
DVD / CD player,
IDD phone,
Internet connection,
Minibar,
Tea / Coffee facilities.

Room locations

Except for the two Ocean Suites which are on sea front and ground floor, all other room-types can be located either on ground floor or on 1st floor, either with sea view or river view. The superior rooms with sea view are sold and priced separately depending on their seafront or riverside locations.

For other room-types, clients can make specific requests; however, neither Bookmauritius nor the Telfair Golf & Spa Resort can guaranty their availability.

Room capacities and accommodation :

Superior room

1 extra bed for 1 adult or 1 child, or a sofa bed for 2 children under 13 years. 1 cot

Deluxe room & Junior suite

Can accommodate 1 cot. No extra bed.

Senior Suite & Ocean suite

1 extra bed for 1 adult or 1 child + 1 cot.

FACILITIES

- Butler service 24 hours a day for guests of the Deluxe Rooms and all Suites,
- Medical centre with nurse,
- Library at the Cavendish lounge,
- Boutique with books and DVD's for sale or borrowed free of charge,
- ADSL Internet connection and laptop use at the reception lounge,
- The "Ti" Marmite" Kids' Club providing daily programmes and activities to kids aged between 2 and 11, including environmental excursions. Open between 10.00 am and 10.00 pm.
- Baby sitting

SPORTS & RECREATION

Free of Charge land sports - 3 floodlight all weather Tennis courts, Fully equipped gym, French bowling, Table Tennis, Access to the 9-hole and 18-hole Golf courses of "Golf du Chateau," adjacent to the hotel premises, to the 18-hole course of the "Paradis" hotel as well as to the 18-hole course of Tamarina Golf estate.

Payable land sports - Pool tables, Electronic games, Tennis lessons, Bike tours, Golf courses, Guided hikes, Guided mountain bike rides, Quad-biking and 4 X 4 rides within the Valriche nature park.

Free of Charge nautical sports - Pedal boats, Sea-Kayaks, Dinghies, Sports catamarans, Windsurfing equipment, Glass bottom boats, Snorkeling excursions, Water skiing,

Payable nautical sports - Water-skiing lessons, Deep Sea fishing excursions (off premises.)
Dolphin watch trips (off premises.)

SPA

Within Le Telfair Golf & Spa Resort's Tropical gardens, keeping with the elegant colonial style of The Resort, the Spa places great emphasis on open space and nature. Open daily between 10.00 am and 8.00 pm, the Spa managed by a professional team from "Six Senses Spas" counts the following features:

- Total Area: 2,000 m²
- 9 treatments rooms
- 2 Indoor Single Treatment Rooms with showers,
- 3 Outdoor Double Treatment Rooms with showers,
- 1 Thai / Shiatsu Room
- 1 Honeymoon Spa Suite with indoor bath, shower & toilet
- 2 Outdoor treatment Gazebos surrounded by water with outdoor bath & shower
- 1 Relaxation area
- 14 Massage & Facial beds, 1 Shiatsu / Thai Mattress
- 1 Hairdressing Salon
- 1 Sauna* (male & female separate)
- 1 Hammam* (male & female separate)
- 1 Relaxing Area (male & female together)
- 1 Reception Area

* The Sauna and Hammam are available on a complimentary basis.

The Team

The Spa at Le Telfair Golf & Spa Resort is managed by the internationally renowned Spa brand Six Senses Spa, ensuring a high level of care to guests and a wide choice of adapted treatments elaborated from a combination of ancestral traditions observed around the world and scientific research and development.

The Six Senses Spa has 8 fully qualified therapists, each with their own area of specialization.

Treatment	Number of specialists
Massage therapies	8 (2 male & 6 female)
Facial and body beauty treatments	5
Aromatherapy	4
Thai massage	3
Ayurvedic massage	2
Foot acupressure	2
Lymphatic drainage	2
Ear candling	9
Hair styling	2

The Six Senses mission

Six Senses Spas' mission is to deliver spa experiences that are both unique and memorable.

The Six Senses Spa Pyramid represents the foundation and creation of the Spa experience at Six Senses Spas. The foundation of the experience is formed by three primary senses; sight, sound and touch. The second stage builds upon this experience by appealing to the more acute senses of taste and smell. The apex symbolises the unique sensory experience of a Six Senses Spa.

This pyramid visually represents the unique spa experience, which may only be achieved once all five senses have been nurtured and in balance. Our Mission is "Balancing the Senses".

Product used in the spa

The Six Senses Spa uses a product called SODASHI - 100% natural, pure and unrefined. Sodashi is dedicated to using only the highest quality plant essences and extracts known for their purity, potency and therapeutic qualities. The therapeutic grade ingredients gently penetrate deeply into the layers of the skin, producing results that give the skin a radiant, healthy glow. The delicate but potent essences used by Sodashi are recommended by the world's leading aromatherapists such as the finest possible nourishment for your skin.

Unique Sodashi spa therapies have been designed to nourish, rejuvenate and cleanse the skin through the power of touch.

By providing therapies that work in synergy with our exclusive skin-enhancing products, Six Senses are able to achieve exceptional results with a true focus on wellness. Sodashi treatments combine the best of modern and ancient therapies to enhance the mind, body and spirit.

The gentleness of the rose, the shy calmness of the chamomile, the unobtrusive but supportive lavender are the best allies in treating the delicate but often sensitive skin. The partnership between plant oils and plant essences without the addition of harsh chemicals, artificial fragrances, colours, preservatives and fillers, presents the best possible basis for an effective, natural and safe skin care regimen.

Sodashi uses only the highest quality therapeutic grade plant essences. The plant essences chosen for Sodashi products are unadulterated and satisfy the highest expectations for optimal results.

The concentration of a plant essence in any part of the plant varies and is dependent on the season of the year, soil, condition, amount of rainfall and the number of hours of sunshine. When used in low, appropriate doses (as used in all Sodashi products), plant essences are very safe for the skin. Plant essence dosages, such as applied in preparations for massage, in baths or for steam inhalation, are always small.

None of the plant essences contained in Sodashi products are known to interfere with any type of medication. Due to the high quality of the plant essences used and the absence of chemicals, reactions to Sodashi products are minimal.

The Wellness Treatments

Massages and body treatments are designed as per one's specific needs. The therapist tailors treatments to everyone's preference, checking the pressure you prefer and enquiring about any specific concerns.

Six Senses Signature Treatment - to balance your senses.

A unique variation of a four hands massage by two highly-skilled therapists, working in harmony, taking you on a journey of the five senses and beyond.

A luxurious foot bath, skin renewing treats, warm towels and fresh fragrances are just the beginning.

A truly non-traditional body aroma massage using long, smooth strokes synchronized with a cleansing facial and a stress-relieving scalp massage. The natural desire to concentrate on your treatment will disappear as the unusual sequence encourages your mind to let go of stress and introduce a deep state of calm. It is a work-of-art, a total body and mind encounter.

100% natural Six Senses Sodashi products are used for this treatment.

Duration: 90 minutes

Holistic

A free-style therapeutic full-body and scalp massage including face reflexology. For those who have no specific concerns, wanting a soothing treatment.

Duration: 60 or 80 minutes

Swedish

The original European full body massage to relax aching muscles, stimulate the circulation and eliminate toxins.

Duration: 60 or 80 minutes

Energiser

A soothing, upper-body massage focusing on key areas to relieve tension and ease the muscles. For those who require focused attention on the back whilst enjoying a complete face, scalp and shoulder massage.

Duration: 50 minutes

Jet Lag Recovery

A rebalancing treatment that stimulates the circulation reduces swelling and eases muscle tension. This treatment combines body massage, foot acupressure and eye therapy. A must after a long journey.

Duration: 80 minutes

Sunburn Soother

Cool lavender infused towels ease sunburn, and soothing Aloe Vera is applied to moisturize and encourage new cell growth. A simply soothing treatment – includes foot acupressure or scalp massage.

Duration: 40 minutes

Massage Workshop

During two guided sessions with an experienced Therapist, learn to massage your partner using basic Swedish massage strokes. A four session master class offers advanced techniques.

Duration: 2 X 80 Minutes sessions or 4 X 80 Minutes sessions

Couples Massage

In the romantic setting of the 'honeymoon Suite' this truly relaxing massage uses a special Aphrodite mix of essential oils. A romantic flower bath is prepared for your enjoyment after the treatment whilst enjoying a journey through your senses with the taste of delicious fruit cocktails and sensual fruit platter made for sharing.

Duration: 80 Minutes.

Complementary Wellness

Hatha Yoga in the spa courtyard. Group classes twice weekly on a complimentary basis, subject to availability of instructor.

AROUND THE HOTEL

The region around the Telfair Golf & Spa Resort offers beautiful sceneries while driving, hiking or cycling along. With the South-west and centre-south, this quarter of Mauritius is the most adequate for land excursions; especially hiking.

A few kilometres eastwards will take you to the St. Felix Park, where more hiking possibilities, including a zip-line trail are possible.

Towards the West, Le Morne beach and kite-surfing spot is hardly at a 15-minute drive.