

# The Balinese Space Packages

---



The "Balinese Space" rituals are performed at the "Rituals" Spa, a [Comfort Zone] Institute located in the North of Mauritius. The Balinese rituals are specially designed to improve one's radiance.

Several of the products used are home-grown at the Spa's back-garden and/or prepared fresh on the spot, offering the guarantee of the organic nature and freshness of the final products.

## The packages include the following:

- Treatments for 4 persons over 3, days, 5 days or 7 days
- Accommodation at "Villa Case Creole", for up to 4 persons; during 7 nights for the 3-Day and 5-Day programmes, during 14 night for the 7-Day programme.
- Private 2-Way airport transfers
- Private transfers between the villa and the Spa on the days of treatment

# The 3-Day Programme consists of:

---

## On 1st Day (totalling 2 hrs 45 mins)

- Hammam
- Balinese “Boreh” (Scrub and wrapping using roots, herbs & spices from Bali)
- Relaxing and invigorating massage

## On 2nd Day (totalling 2 hrs)

- Thai herbal poultice (applications of hot tissue parcels filled with herbs to soothe muscle and joints pains)
- Precious essence and flower baths

## On 3rd day (totalling 3 hrs)

- Royal Lulur ritual (*An exfoliation treatment originating from Java*)

This ritual was exclusive to the royal maidens in preparation to their wedding. A mixture of rice and turmeric is applied to the skin to purify it and give it light ochre tropical tone. The treatment is followed by the application of fresh home-made yoghurt for hydration and radiance.

This ritual is followed by a Massage with warm Jasmine oil is performed for total relaxation, and by a bath with a combination of essential oils and flower petals.

# The 5-Day Programme consists of:

---

## On 1st Day (totalling 2 hrs 45 mins)

- Hammam
- Balinese “Boreh” (Scrub and wrapping using roots, herbs & spices from Bali)
- Relaxing and invigorating massage

## On 2nd Day (totalling 2 hrs)

- Thai herbal poultice (applications of hot tissue parcels filled with herbs to soothe muscle and joints pains)
- Precious essence and flower baths

## On 3rd day (totalling 4 hrs 30 mins)

- Foot-bath with lemon, lemon grass and ginger
- Rice scrub
- Specific facial
- Manicure
- Pedicure the oriental style

## On 4th day (totalling 2 hrs 30 mins)

- Hammam
- Indonesian fresh ice cold mask and scalp massage
- Thai massage

## On 5th day (totalling 3 hrs)

- Royal Lulur ritual followed by a massage with warm Jasmine oil and the flower as described above.

# The 7-Day Programme consists of:

---

## On 1st Day (totalling 2 hrs 45 mins)

- Hammam
- Balinese "Boreh" (Scrub and wrapping using roots, herbs & spices from Bali)
- Relaxing and invigorating massage

## On 2nd Day (totalling 2 hrs)

- Thai herbal poultice (applications of hot tissue parcels filled with herbs to soothe muscle and joints pains)
- Precious essence and flower baths

## On 3rd day (totalling 4 hrs 30 mins)

- Specific facial
- Manicure
- Pedicure the oriental style

## On 4th day (totalling 2 hrs 30 mins)

- Hammam
- Indonesian fresh ice cold mask and scalp massage
- Thai massage

## On 5th day (totalling 2 hrs 30 min)

- Foot-bath with lemon, lemon grass and ginger
- Foot massage / Reflexology
- A 1-hour "Neck Nirvana" massage

## On 6th day (totalling 2 hrs)

- Hot-stone massage
- Face and scalp massage

## On 7th day (totalling 4 hrs)

- Royal Lulur ritual followed by a massage with warm Jasmin oil and the flower as described above.
- Home made fruit juice and Salad (offered)

### The 3-Day package for 4 persons includes:

- 3-day treatments for 4 persons
- Private 2-Way airport transfers
- Private transfers between the villa and the Spa on the 3 days of treatment
- Accommodation at "Villa Case Creole" for 7 nights, for up to 4 persons
- Daily cleaning service

Cost of total package: 3,149 Euros all taxes included, i.e. only 112,50 Euros per night per person.

### The 5-Day package for 4 persons includes:

- 5-day treatments for 4 persons
- Private 2-Way airport transfers
- Private transfers between the villa and the Spa on the 5 days of treatment
- Accommodation at Villa "Case Creole" for 7 nights, for up to 4 persons
- Daily cleaning service

Cost of total package: 4,739 Euros all taxes included, i.e. only 169 Euros per night per person.

### The 7-Day package for 4 persons includes:

- 7-day treatments for 4 persons
- Private 2-Way airport transfers
- Private transfers between the villa and the Spa on the 7 days of treatment
- Accommodation at "Villa Case Creole" for 14 nights, for up to 4 persons
- Daily cleaning service

Cost of total package: 6,869 Euros all taxes included, i.e. only 123 Euros per night per person.n.