

THE SANDS RESORT & SPA



An independent hotel resort in many ways, The Sands Resort & Spa is, for the hotel industry of Mauritius, the stone left unturned.

At The Sands Resort & Spa it is the guests that get the most attention, not the marketing brochures.

At The Sands Resort & Spa, no line-up of butlers and waiters but service and attention just as you need it.

The cuisine is classical continental served in the most creative fashion. The rooms are spacious and built for comfort, all with sea-view. All the hotel facilities and services are found around the swimming pool allowing day-long contemplation of the panoramic view over the open sea, the Black River chain of mountains and the stunning Le Morne Mountain in the background.

The beach having been kept in a fairly natural state is bright-white. A sea pool has been created using stones in a natural way, offering a safe swimming area while the open sea provides a playground for the more active ones wishing to enjoy the sea sports facilities proposed by the resort.

On the country side, The Sands Resort & Spa, is ideally located at the very end of the Flic-en-Flac coastal road on the edge of Tamarin bay, in a region where several excursions can be carried out. The "Sandsation Spa" within the hotel premises helps turning regular days into holly-days.

BARS & RESTAURANTS

Food & cuisine is another highlight at The Sands Resort & Spa. Creative, deep, hearty flavours guaranteed.

"Tamarind Terrace" Restaurant

Located under the hotel's veranda the "Tamarind Terrace" is open every day for breakfast, (from 7.30 to 10.00 am) lunch (from 12.00 to 3.00 pm) and dinner, (from 7.30 to 10.00 pm) the "Tamarind Terrace" restaurant features a selection of international cuisine as well as Mauritian specialties.

160 Seats

"Spices" Restaurant

Fine dining "A la carte" restaurant whose cuisine is inspired by the rich choice of ingredients and spices sourced from the Indian Ocean. Guests on half-board receive a credit which is automatically deducted from the "Spices" bill.

30 Seats.

"Pinkpeppercorn" Beach Restaurant

At just a few metres from the sea, a terrace under trees offering a panoramic view onto the Tamarin bay, the mountains and the open sea.

Owing to its open grill, guests can watch the cooking of the fish or meat. Specialising in light and simple food, a wide choice of raw vegetables allow self-creation of salads.

Guests on half-board receive a credit to be deducted from their bill at the "Pinkpeppercorn."

"Dolphin Bar"

Serves beverages between 10.00 am and 00.30 am

Serves snacks and sandwiches between noon and 6.00 pm

Serves tea between 3.30 and 5.30 pm

Room Service

Breakfast served between 7.00 and 10.30 am

Meals served between 11.00 am and 11.00 pm

ACCOMMODATION

The **Sands Resort & Spa** counts 91 Deluxe rooms of 52.5 m², of which there are 5 sets of interconnecting rooms, and 1 suite of 145 m².

All units are comfortably furnished and include a bathroom, a sea-facing terrace or balcony.

They are all fitted with:

- Individual air-conditioning units,
- Direct dial telephone with voice mail system,
- Electronic safe,
- Minibar,
- T.V. with local and satellite channels (cinema, sports, news in English, French, German and Italian.)
- Chargeable broadband Internet connection
- Tea / coffee-making facilities.
- Bathrooms count a bath-tub, a separate shower cabin and are equipped with hair dryer, double sink and a walk-in dressing.

Accommodation capacity:

The deluxe rooms can accommodate a maximum of 3 persons, limited to 3 adults OR 2 adults and 1 child or baby.

SERVICES

- Room service
- Laundry / Dry cleaning services,
- Boutique,
- Meeting room (up to 80 persons),
- Changing room for early arrivals and late departures,
- Internet facilities.

SPORTS & LEISURE

Free of Charge Nautical Activities:

Water skiing, dinghy sailing, pedal-boats, kayaking, glass bottom boat, windsurfing, snorkelling.

Chargeable Nautical Activities:

PADI diving centre, dolphin watch trips, big game fishing.

Free of Charge Land Activities:

Floodlit tennis courts, beach volley, French bowling, games room, Fitness room, Sauna, Hammam

Chargeable Land Activities:

- Bicycles on hire,
- The "Tamarina" 18-hole championship golf course (par 72 / 6,800 m) just at a 10 minutes drive.
- Hair and beauty parlour,
- Massages and other treatments at the "Sandsation Spa".

AROUND THE HOTEL

The West cost region around Flic en Flac is the one offering the widest choice of activities, in land and at sea.

The Casela / Yemen park is a fun-filled place for all ages, proposing several outdoor activities

The Black River Gorges is the most accessible nature park of Mauritius for hikers.

Hard hikes and mountain-climbing at Le Morne and other thrilling peaks,

18-hole championship Golf course of Tamarina,

Sailing and diving trips are proposed along the coast,

Surfing at Tamarin Bay, Kitesurfing and Windsurfing on the world-famous spot of Le Morne,

Several restaurants, some bars and lounges along the coastal road of Flic-en-Flac nearby.

Tamarin Bay at a 10 minutes walk via a nice shaded path is an excellent means to step deep into the roots of Mauritius.